

## Résultats

[Cotation FFN]

### Première : 50 Nage Libre Dames

[J1 : Di 22/03/2026 - R2]

1.	Manon LAMBERT-HAMON	1985	FRA	ASPTT MARSEILLE	<b>30.61</b>	1005 pts
2.	Maëlys GISSINGER	1998	FRA	ASPTT MARSEILLE	<b>31.29</b>	870 pts
3.	Malaury GROSS	1998	FRA	CN ETANG DE BERRE	<b>35.43</b>	631 pts
4.	Sandrine BERNARD	1974	FRA	GEMENOS NATATION DES MAITRES	<b>37.32</b>	670 pts
5.	Eloïse GARNIER	1974	FRA	ROGNAC NATATION	<b>40.94</b>	498 pts
6.	Marine GAGNEUX	1991	FRA	CN ETANG DE BERRE	<b>41.10</b>	436 pts

### Séries : 100 Nage Libre Dames

[J1 : Di 22/03/2026 - R1]

1.	Fanny LECLERCQ	1984	FRA	C.N BRIGNOLES - P.V	<b>1:06.49</b>	989 pts
50 m :	32.43 (32.43)	100 m :	1:06.49 (34.06)	[1:06.49]		
2.	Christelle BRASSART	1996	FRA	ASPTT TOULON	<b>1:10.67</b>	813 pts
50 m :	33.59 (33.59)	100 m :	1:10.67 (37.08)	[1:10.67]		
3.	Mathilde LEFEBVRE	1972	FRA	ROGNAC NATATION	<b>1:17.79</b>	763 pts
50 m :	37.82 (37.82)	100 m :	1:17.79 (39.97)	[1:17.79]		
4.	Malaury GROSS	1998	FRA	CN ETANG DE BERRE	<b>1:20.18</b>	520 pts
50 m :	38.61 (38.61)	100 m :	1:20.18 (41.57)	[1:20.18]		
5.	Amandine TIRANTE	1981	FRA	PERTUIS NATATION	<b>1:22.78</b>	589 pts
50 m :	39.86 (39.86)	100 m :	1:22.78 (42.92)	[1:22.78]		
6.	Marine GAGNEUX	1991	FRA	CN ETANG DE BERRE	<b>1:30.30</b>	376 pts
50 m :	43.34 (43.34)	100 m :	1:30.30 (46.96)	[1:30.30]		
7.	Pauline HOLVECK	1978	FRA	NC BOUC-BEL-AIR	<b>1:40.38</b>	246 pts
50 m :	47.81 (47.81)	100 m :	1:40.38 (52.57)	[1:40.38]		
8.	Karine BLONDEAU	1977	FRA	NC BOUC-BEL-AIR	<b>1:42.75</b>	212 pts
50 m :	50.58 (50.58)	100 m :	1:42.75 (52.17)	[1:42.75]		
9.	Celine PASTOR	1975	FRA	CSM MARSEILLE	<b>1:55.81</b>	92 pts
50 m :	52.38 (52.38)	100 m :	1:55.81 (1:03.43)	[1:55.81]		
10.	Monique VERNEY	1944	FRA	EP MANOSQUE	<b>2:20.36</b>	336 pts
50 m :	1:06.73 (1:06.73)	100 m :	2:20.36 (1:13.63)	[2:20.36]		

### Première : 200 Nage Libre Dames

[J1 : Di 22/03/2026 - R2]

1.	Christelle BRASSART	1996	FRA	ASPTT TOULON	<b>2:33.03</b>	850 pts
50 m :	34.30 (34.30)	100 m :	1:13.46 (39.16)	[1:13.46]	150 m :	1:53.63 (40.17)
					200 m :	2:33.03 (39.40)
						[1:19.57]
2.	Marine MOUSSU	1993	FRA	TEAM MARSEILLE NATATION	<b>2:43.64</b>	717 pts
50 m :	35.44 (35.44)	100 m :	1:16.18 (40.74)	[1:16.18]	150 m :	2:00.93 (44.75)
					200 m :	2:43.64 (42.71)
						[1:27.46]

### Première : 400 Nage Libre Dames

[J1 : Di 22/03/2026 - R2]

1.	Christelle BRASSART	1996	FRA	ASPTT TOULON	<b>5:20.06</b>	805 pts
50 m :	35.43 (35.43)	100 m :	1:15.61 (40.18)	[1:15.61]	150 m :	1:56.49 (40.88)
					200 m :	2:37.49 (41.00)
						[1:21.88]
					250 m :	3:18.11 (40.62)
						[1:20.76]
					300 m :	3:59.30 (41.19)
						[1:21.81]
					350 m :	4:40.54 (41.24)
						[1:20.76]
2.	Ophélie FORET	1985	FRA	PAYS D'AIX NATATION	<b>5:32.58</b>	820 pts
50 m :	36.41 (36.41)	100 m :	1:18.27 (41.86)	[1:18.27]	150 m :	2:00.97 (42.70)
					200 m :	2:44.17 (43.20)
						[1:25.90]
					250 m :	3:27.84 (43.67)
						[1:22.58]
					300 m :	4:10.00 (42.16)
						[1:25.83]
					350 m :	4:51.93 (41.93)
						[1:22.58]
					400 m :	5:32.58 (40.65)
						[1:22.58]
3.	Marion CHIRIS	1988	FRA	CN ETANG DE BERRE	<b>6:29.79</b>	475 pts
50 m :	43.50 (43.50)	100 m :	1:31.45 (47.95)	[1:31.45]	150 m :	2:20.81 (49.36)
					200 m :	3:11.15 (50.34)
						[1:39.70]
					250 m :	4:01.15 (50.00)
						[1:38.64]
					300 m :	4:51.15 (50.00)
						[1:40.00]
					350 m :	5:41.31 (50.16)
						[1:38.64]
					400 m :	6:29.79 (48.48)
						[1:38.64]
4.	Martine BERNARDINI	1957	FRA	ASPTT MARSEILLE	<b>7:27.47</b>	654 pts
50 m :	48.18 (48.18)	100 m :	1:44.58 (56.40)	[1:44.58]	150 m :	2:41.68 (57.10)
					200 m :	3:39.43 (57.75)
						[1:54.85]
					250 m :	4:37.21 (57.78)
						[1:52.96]
					300 m :	5:34.51 (57.30)
						[1:55.08]
					350 m :	6:32.23 (57.72)
						[1:52.96]
5.	Monique VERNEY	1944	FRA	EP MANOSQUE	<b>10:05.55</b>	476 pts
50 m :	1:08.17 (1:08.17)	100 m :	2:22.03 (1:13.86)	[2:22.03]	150 m :	3:38.06 (1:16.03)
					200 m :	4:55.60 (1:17.54)
						[2:33.57]
					250 m :	6:13.27 (1:17.67)
						[2:34.52]
					300 m :	7:31.03 (1:17.76)
						[2:35.43]
					350 m :	8:48.73 (1:17.70)
						[2:34.52]

## Résultats

### Première : 1500 Nage Libre Dames

[J1 : Di 22/03/2026 - R1]

<b>1. Elisabeth PHARR</b>		<b>1980</b>	<b>FRA</b>	<b>GRENOBLE ALP'38</b>	<b>17:26.71</b>	<b>1265 pts</b>	<b>RFC5</b>
50 m : 33.20 (33.20)	100 m : 1:07.81 (34.61) [1:07.81]			150 m : 1:43.07 (35.26)	200 m : 2:18.20 (35.13) [1:10.39]		
250 m : 2:53.59 (35.39)	300 m : 3:29.29 (35.70) [1:11.09]			350 m : 4:04.66 (35.37)	400 m : 4:40.12 (35.46) [1:10.83]		
450 m : 5:15.59 (35.47)	500 m : 5:50.55 (34.96) [1:10.43]			550 m : 6:25.59 (35.04)	600 m : 7:00.73 (35.14) [1:10.18]		
650 m : 7:35.81 (35.08)	700 m : 8:11.26 (35.45) [1:10.53]			750 m : 8:45.75 (34.49)	800 m : 9:20.91 (35.16) [1:09.65]		
850 m : 9:55.84 (34.93)	900 m : 10:31.10 (35.26) [1:10.19]			950 m : 11:06.29 (35.19)	1000 m : 11:41.23 (34.94) [1:10.13]		
1050 m : 12:16.29 (35.06)	1100 m : 12:51.23 (34.94) [1:10.00]			1150 m : 13:26.10 (34.87)	1200 m : 14:00.78 (34.68) [1:09.55]		
1250 m : 14:35.48 (34.70)	1300 m : 15:10.16 (34.68) [1:09.38]			1350 m : 15:45.06 (34.90)	1400 m : 16:19.80 (34.74) [1:09.64]		
1450 m : 16:53.02 (33.22)	1500 m : 17:26.71 (33.69) [1:06.91]						
<b>2. Fanny LECLERCQ</b>		<b>1984</b>	<b>FRA</b>	<b>C.N BRIGNOLES - P.V</b>	<b>19:40.40</b>	<b>981 pts</b>	
50 m : 35.11 (35.11)	100 m : 1:13.34 (38.23) [1:13.34]			150 m : 1:52.46 (39.12)	200 m : 2:31.75 (39.29) [1:18.41]		
250 m : 3:11.04 (39.29)	300 m : 3:50.66 (39.62) [1:18.91]			350 m : 4:30.37 (39.71)	400 m : 5:10.18 (39.81) [1:19.52]		
450 m : 5:49.92 (39.74)	500 m : 6:29.19 (39.27) [1:19.01]			550 m : 7:08.06 (38.87)	600 m : 7:47.33 (39.27) [1:18.14]		
650 m : 8:26.97 (39.64)	700 m : 9:06.41 (39.44) [1:19.08]			750 m : 9:45.87 (39.46)	800 m : 10:25.41 (39.54) [1:19.00]		
850 m : 11:04.70 (39.29)	900 m : 11:43.93 (39.23) [1:18.52]			950 m : 12:23.50 (39.57)	1000 m : 13:03.31 (39.81) [1:19.38]		
1050 m : 13:42.77 (39.46)	1100 m : 14:22.37 (39.60) [1:19.06]			1150 m : 15:02.08 (39.71)	1200 m : 15:41.94 (39.86) [1:19.57]		
1250 m : 16:21.87 (39.93)	1300 m : 17:02.07 (40.20) [1:20.13]			1350 m : 17:42.01 (39.94)	1400 m : 18:22.27 (40.26) [1:20.20]		
1450 m : 19:01.94 (39.67)	1500 m : 19:40.40 (38.46) [1:18.13]						
<b>3. Catherine BALTUS</b>		<b>1973</b>	<b>FRA</b>	<b>PAYS D'AIX NATATION</b>	<b>22:46.03</b>	<b>733 pts</b>	
50 m : 39.53 (39.53)	100 m : 1:23.20 (43.67) [1:23.20]			150 m : 2:08.71 (45.51)	200 m : 2:55.20 (46.49) [1:32.00]		
250 m : 3:41.22 (46.02)	300 m : 4:26.93 (45.71) [1:31.73]			350 m : 5:13.19 (46.26)	400 m : 5:58.98 (45.79) [1:32.05]		
450 m : 6:44.60 (45.62)	500 m : 7:30.46 (45.86) [1:31.48]			550 m : 8:16.88 (46.42)	600 m : 9:02.34 (45.46) [1:31.88]		
650 m : 9:48.03 (45.69)	700 m : 10:34.12 (46.09) [1:31.78]			750 m : 11:19.98 (45.86)	800 m : 12:05.81 (45.83) [1:31.69]		
850 m : 12:51.85 (46.04)	900 m : 13:37.81 (45.96) [1:32.00]			950 m : 14:23.67 (45.86)	1000 m : 15:09.92 (46.25) [1:32.11]		
1050 m : 15:56.37 (46.45)	1100 m : 16:42.12 (45.75) [1:32.20]			1150 m : 17:28.06 (45.94)	1200 m : 18:14.03 (45.97) [1:31.91]		
1250 m : 18:59.93 (45.90)	1300 m : 19:45.88 (45.95) [1:31.85]			1350 m : 20:31.08 (45.20)	1400 m : 21:16.95 (45.87) [1:31.07]		
1450 m : 22:02.56 (45.61)	1500 m : 22:46.03 (43.47) [1:29.08]						
<b>4. Dominique DAUDE</b>		<b>1962</b>	<b>FRA</b>	<b>PERTUIS NATATION</b>	<b>24:35.62</b>	<b>877 pts</b>	
50 m : 41.79 (41.79)	100 m : 1:29.92 (48.13) [1:29.92]			150 m : 2:18.56 (48.64)	200 m : 3:07.00 (48.44) [1:37.08]		
250 m : 3:55.69 (48.69)	300 m : 4:44.87 (49.18) [1:37.87]			350 m : 5:34.32 (49.45)	400 m : 6:24.00 (49.68) [1:39.13]		
450 m : 7:13.50 (49.50)	500 m : 8:04.07 (50.57) [1:40.07]			550 m : 8:54.56 (50.49)	600 m : 9:44.56 (50.00) [1:40.49]		
650 m : 10:34.13 (49.57)	700 m : 11:23.94 (49.81) [1:39.38]			750 m : 12:14.00 (50.06)	800 m : 13:03.62 (49.62) [1:39.68]		
850 m : 13:53.62 (50.00)	900 m : 14:44.13 (50.51) [1:40.51]			950 m : 15:33.81 (49.68)	1000 m : 16:23.25 (49.44) [1:39.12]		
1050 m : 17:13.19 (49.94)	1100 m : 18:02.94 (49.75) [1:39.69]			1150 m : 18:53.44 (50.50)	1200 m : 19:43.69 (50.25) [1:40.75]		
1250 m : 20:34.07 (50.38)	1300 m : 21:23.87 (49.80) [1:40.18]			1350 m : 22:13.00 (49.13)	1400 m : 23:01.74 (48.74) [1:37.87]		
1450 m : 23:50.56 (48.82)	1500 m : 24:35.62 (45.06) [1:33.88]						

### Première : 50 Dos Dames

[J1 : Di 22/03/2026 - R1]

<b>1. Léa RAMPNOUX</b>	<b>2001</b>	<b>FRA</b>	<b>CN ANTIBES</b>	<b>34.05</b>	<b>970 pts</b>
<b>2. Marina LE BOUTEILLER</b>	<b>1978</b>	<b>FRA</b>	<b>PAYS D'AIX NATATION</b>	<b>37.67</b>	<b>934 pts</b>
<b>3. Manon LAMBERT-HAMON</b>	<b>1985</b>	<b>FRA</b>	<b>ASPTT MARSEILLE</b>	<b>38.54</b>	<b>824 pts</b>
<b>4. Ophélie FORET</b>	<b>1985</b>	<b>FRA</b>	<b>PAYS D'AIX NATATION</b>	<b>39.70</b>	<b>772 pts</b>
<b>5. Malaury GROSS</b>	<b>1998</b>	<b>FRA</b>	<b>CN ETANG DE BERRE</b>	<b>39.75</b>	<b>700 pts</b>
<b>6. Marianne HENNEBERT</b>	<b>1976</b>	<b>FRA</b>	<b>PERTUIS NATATION</b>	<b>46.92</b>	<b>629 pts</b>
<b>7. Claire BROWSE</b>	<b>1956</b>	<b>GBR</b>	<b>CN ANTIBES</b>	<b>52.98</b>	<b>758 pts</b>

### Première : 100 Dos Dames

[J1 : Di 22/03/2026 - R2]

<b>1. Léa RAMPNOUX</b>	<b>2001</b>	<b>FRA</b>	<b>CN ANTIBES</b>	<b>1:16.59</b>	<b>865 pts</b>
50 m : 36.66 (36.66)	100 m : 1:16.59 (39.93) [1:16.59]				
<b>2. Ophélie FORET</b>	<b>1985</b>	<b>FRA</b>	<b>PAYS D'AIX NATATION</b>	<b>1:22.46</b>	<b>806 pts</b>
50 m : 39.58 (39.58)	100 m : 1:22.46 (42.88) [1:22.46]				
<b>3. Sandrine BERNARD</b>	<b>1974</b>	<b>FRA</b>	<b>GEMENOS NATATION DES MAITRES</b>	<b>1:26.98</b>	<b>874 pts</b>
50 m : 42.05 (42.05)	100 m : 1:26.98 (44.93) [1:26.98]				

### Première : 200 Dos Dames

[J1 : Di 22/03/2026 - R1]

<b>1. Marion CHIRIS</b>	<b>1988</b>	<b>FRA</b>	<b>CN ETANG DE BERRE</b>	<b>3:16.30</b>	<b>571 pts</b>
50 m : 45.95 (45.95)	100 m : 1:35.08 (49.13) [1:35.08]			150 m : 2:26.25 (51.17)	200 m : 3:16.30 (50.05) [1:41.22]
<b>2. Marianne HENNEBERT</b>	<b>1976</b>	<b>FRA</b>	<b>PERTUIS NATATION</b>	<b>3:36.96</b>	<b>568 pts</b>
50 m : 52.32 (52.32)	100 m : 1:47.45 (55.13) [1:47.45]			150 m : 2:42.46 (55.01)	200 m : 3:36.96 (54.50) [1:49.51]

## Résultats

### Séries : 50 Brasse Dames

[J1 : Di 22/03/2026 - R1]

1.	Marina LE BOUTELLER	1978	FRA	PAYS D'AIX NATATION	<b>40.98</b>	964 pts
2.	Mathilde LEFEBVRE	1972	FRA	ROGNAC NATATION	<b>43.09</b>	920 pts
3.	Dominique DAUDE	1962	FRA	PERTUIS NATATION	<b>44.03</b>	1024 pts
4.	Malaury GROSS	1998	FRA	CN ETANG DE BERRE	<b>44.93</b>	638 pts
5.	Amandine TIRANTE	1981	FRA	PERTUIS NATATION	<b>45.24</b>	781 pts
6.	Claire LAURENS	1973	FRA	PERTUIS NATATION	<b>46.73</b>	770 pts
7.	Laure PETITE	1975	FRA	CN LE PUY-STE-REPARADE	<b>48.15</b>	715 pts
8.	Eloïse GARNIER	1974	FRA	ROGNAC NATATION	<b>50.73</b>	621 pts
9.	Karine BLONDEAU	1977	FRA	NC BOUC-BEL-AIR	<b>56.45</b>	392 pts

### Première : 100 Brasse Dames

[J1 : Di 22/03/2026 - R2]

1.	Claire BORG	1974	FRA	GEMENOS NATATION DES MAITRES	<b>1:29.85</b>	1011 pts
50 m :	42.73 (42.73)	100 m :	1:29.85 (47.12) [1:29.85]			
2.	Mathilde LEFEBVRE	1972	FRA	ROGNAC NATATION	<b>1:38.98</b>	839 pts
50 m :	47.07 (47.07)	100 m :	1:38.98 (51.91) [1:38.98]			
3.	Malaury GROSS	1998	FRA	CN ETANG DE BERRE	<b>1:40.18</b>	621 pts
50 m :	48.16 (48.16)	100 m :	1:40.18 (52.02) [1:40.18]			
4.	Marion CHIRIS	1988	FRA	CN ETANG DE BERRE	<b>1:43.27</b>	613 pts
50 m :	49.63 (49.63)	100 m :	1:43.27 (53.64) [1:43.27]			
5.	Laure PETITE	1975	FRA	CN LE PUY-STE-REPARADE	<b>1:45.99</b>	718 pts
50 m :	50.35 (50.35)	100 m :	1:45.99 (55.64) [1:45.99]			
6.	Gisele BERNARDINI	1955	FRA	ASPTT MARSEILLE	<b>2:02.79</b>	898 pts
50 m :	56.51 (56.51)	100 m :	2:02.79 (1:06.28) [2:02.79]			
7.	Celine PASTOR	1975	FRA	CSM MARSEILLE	<b>2:11.67</b>	354 pts
50 m :	1:00.77 (1:00.77)	100 m :	2:11.67 (1:10.90) [2:11.67]			

### Première : 200 Brasse Dames

[J1 : Di 22/03/2026 - R1]

1.	Marine PAQUET	1993	FRA	CSM MARSEILLE	<b>3:33.38</b>	594 pts	
50 m :	48.61 (48.61)	100 m :	1:42.24 (53.63) [1:42.24]	150 m :	2:37.38 (55.14)	200 m :	3:33.38 (56.00) [1:51.14]
2.	Marion CHIRIS	1988	FRA	CN ETANG DE BERRE	<b>3:41.16</b>	578 pts	
50 m :	50.60 (50.60)	100 m :	1:45.97 (55.37) [1:45.97]	150 m :	2:43.61 (57.64)	200 m :	3:41.16 (57.55) [1:55.19]
3.	Claire LAURENS	1973	FRA	PERTUIS NATATION	<b>3:41.32</b>	754 pts	
50 m :	50.26 (50.26)	100 m :	1:46.38 (56.12) [1:46.38]	150 m :	2:43.59 (57.21)	200 m :	3:41.32 (57.73) [1:54.94]

### Première : 50 Papillon Dames

[J1 : Di 22/03/2026 - R2]

1.	Manon LAMBERT-HAMON	1985	FRA	ASPTT MARSEILLE	<b>36.79</b>	798 pts
2.	Claire BORG	1974	FRA	GEMENOS NATATION DES MAITRES	<b>37.08</b>	915 pts
3.	Léa RAMPNOUX	2001	FRA	CN ANTIBES	<b>37.58</b>	662 pts
4.	Marine MOUSSU	1993	FRA	TEAM MARSEILLE NATATION	<b>38.56</b>	661 pts
5.	Marine GAGNEUX	1991	FRA	CN ETANG DE BERRE	<b>52.72</b>	194 pts
6.	Martine BERNARDINI	1957	FRA	ASPTT MARSEILLE	<b>54.26</b>	475 pts
7.	Claire BROWSE	1956	GBR	CN ANTIBES	<b>1:00.61</b>	402 pts

### Première : 100 4 Nages Dames

[J1 : Di 22/03/2026 - R2]

1.	Marine MOUSSU	1993	FRA	TEAM MARSEILLE NATATION	<b>1:26.07</b>	682 pts
50 m :	---	100 m :	1:26.07 (1:26.07) [1:26.07]			
2.	Malaury GROSS	1998	FRA	CN ETANG DE BERRE	<b>1:27.78</b>	638 pts
50 m :	---	100 m :	1:27.78 (1:27.78) [1:27.78]			
3.	Marine PAQUET	1993	FRA	CSM MARSEILLE	<b>1:29.80</b>	603 pts
50 m :	---	100 m :	1:29.80 (1:29.80) [1:29.80]			
4.	Mathilde LEFEBVRE	1972	FRA	ROGNAC NATATION	<b>1:32.27</b>	764 pts
50 m :	---	100 m :	1:32.27 (1:32.27) [1:32.27]			
5.	Eloïse GARNIER	1974	FRA	ROGNAC NATATION	<b>1:41.23</b>	590 pts
50 m :	---	100 m :	1:41.23 (1:41.23) [1:41.23]			
6.	Marine GAGNEUX	1991	FRA	CN ETANG DE BERRE	<b>1:47.03</b>	329 pts
50 m :	---	100 m :	1:47.03 (1:47.03) [1:47.03]			

## Résultats

### (Suite) Première : 100 4 Nages Dames

[J1 : Di 22/03/2026 - R2]

7. Claire BROWSE	1956	GBR	CN ANTIBES	<b>1:55.32</b>	732 pts
50 m : ---	100 m : 1:55.32	(1:55.32)	[1:55.32]		

### HC : 100 4 Nages Dames

[J1 : Di 22/03/2026 - R2]

HC Aeline C0 LALOUZE	2000	FRA	ASPTT MARSEILLE C0	<b>1:14.36</b>	
50 m : ---	100 m : 1:14.36	(1:14.36)	[1:14.36]		

### Première : 200 4 Nages Dames

[J1 : Di 22/03/2026 - R1]

1. Ophélie FORET	1985	FRA	PAYS D'AIX NATATION	<b>2:52.50</b>	881 pts
50 m : 36.51	(36.51)	100 m : 1:21.96	(45.45) [1:21.96]	150 m : 2:10.63	(48.67)
2. Christelle BRASSART	1996	FRA	ASPTT TOULON	<b>2:55.97</b>	725 pts
50 m : 40.65	(40.65)	100 m : 1:25.70	(45.05) [1:25.70]	150 m : 2:16.96	(51.26)
3. Marine GAGNEUX	1991	FRA	CN ETANG DE BERRE	<b>3:56.96</b>	246 pts
50 m : 52.97	(52.97)	100 m : 1:52.60	(59.63) [1:52.60]	150 m : 3:03.43	(1:10.83)
4. Claire BROWSE	1956	GBR	CN ANTIBES	<b>4:12.34</b>	790 pts
50 m : 58.30	(58.30)	100 m : 1:59.98	(1:01.68) [1:59.98]	150 m : 3:12.98	(1:13.00)
				200 m : 4:12.34	(59.36) [2:12.36]

### Première : 400 4 Nages Dames

[J1 : Di 22/03/2026 - R2]

1. Marina LE BOUTEILLER	1978	FRA	PAYS D'AIX NATATION	<b>6:05.28</b>	918 pts
50 m : 40.39	(40.39)	100 m : 1:29.89	(49.50) [1:29.89]	150 m : 2:18.55	(48.66)
250 m : 3:58.39	(53.08)	300 m : 4:50.83	(52.44) [1:45.52]	350 m : 5:28.98	(38.15)
				200 m : 3:05.31	(46.76) [1:35.42]
				400 m : 6:05.28	(36.30) [1:14.45]

### HC : 400 4 Nages Dames

[J1 : Di 22/03/2026 - R2]

HC Aeline C0 LALOUZE	2000	FRA	ASPTT MARSEILLE C0	<b>5:46.17</b>	
50 m : 36.98	(36.98)	100 m : 1:21.24	(44.26) [1:21.24]	150 m : 2:08.24	(47.00)
250 m : 3:39.79	(46.55)	300 m : 4:27.30	(47.51) [1:34.06]	350 m : 5:08.30	(41.00)
				200 m : 2:53.24	(45.00) [1:32.00]
				400 m : 5:46.17	(37.87) [1:18.87]

### Séries : 50 Nage Libre Messieurs

[J1 : Di 22/03/2026 - R2]

1. Vladimir LALETIN	1989	FRA	ASPTT MARSEILLE	<b>24.79</b>	1186 pts
2. Franck TAVASSO	1978	FRA	FOS NATATION	<b>25.87</b>	1157 pts
3. Ilyes TARI	1995	FRA	ASPTT MARSEILLE	<b>26.32</b>	1030 pts
4. Maxime THESMAR	1998	FRA	ASPTT TOULON	<b>27.50</b>	937 pts
5. Laurent SEMPERE	1999	FRA	ROGNAC NATATION	<b>28.21</b>	893 pts
6. Xavier IMBEAULT	1982	FRA	PENNES MIRABEAU NATATION	<b>28.88</b>	942 pts
7. Sébastien AUZOU	1991	FRA	PAYS D'AIX NATATION	<b>29.55</b>	882 pts
8. Quentin FRANZINI	1994	FRA	CN ETANG DE BERRE	<b>30.36</b>	781 pts
9. Gilles POUCHOULIN	1962	FRA	PAYS D'AIX NATATION	<b>31.08</b>	992 pts
10. Frédéric RICHARD	1973	FRA	CSM MARSEILLE	<b>31.25</b>	869 pts
11. Pascal POUCHOULIN	1962	FRA	PAYS D'AIX NATATION	<b>31.30</b>	980 pts
12. Mathieu BOVIS	1992	FRA	CSM MARSEILLE	<b>31.39</b>	722 pts
13. Nicolas CHAUMONT	1980	FRA	NC BOUC-BEL-AIR	<b>31.78</b>	800 pts
14. Jean Marie MARMILLON	1977	FRA	NC BOUC-BEL-AIR	<b>32.65</b>	752 pts
15. Alain LEBLANC	1961	FRA	ASPTT MARSEILLE	<b>32.67</b>	978 pts
16. Alexandre WOJCINSKI	1981	FRA	NC BOUC-BEL-AIR	<b>32.98</b>	735 pts
17. Luis VELASCO	1996	FRA	ASPTT TOULON	<b>33.40</b>	615 pts
18. Mathieu FLORES GARCIA	1985	FRA	TEAM MARSEILLE NATATION	<b>33.80</b>	668 pts
19. Stéphane RAFAI	1983	FRA	TEAM MARSEILLE NATATION	<b>34.91</b>	613 pts
20. Denis MACHEREY	1956	FRA	ASPTT MARSEILLE	<b>35.51</b>	949 pts
21. Jean-Marc SAGUE	1961	FRA	CN LE PUY-STE-REPARADE	<b>36.60</b>	780 pts
22. Florian GENET	1983	FRA	ASPTT TOULON	<b>37.13</b>	509 pts
23. Jacques BRUNAND	1959	FRA	ROGNAC NATATION	<b>42.02</b>	543 pts
--- Arnaud CHIOCCA	1980	FRA	CN MARSEILLE	<b>DNS</b>	
--- Pierre Andre MASSIMI	1974	FRA	CN MARSEILLE	<b>DNS dec</b>	

## Résultats

### HC : 50 Nage Libre Messieurs

[J1 : Di 22/03/2026 - R2]

HC	Brandon C0 BIZET	2000	FRA	MARSEILLE NORD C0	<b>31.44</b>
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### Séries : 100 Nage Libre Messieurs

[J1 : Di 22/03/2026 - R1]

1.	Julien CIALDELLA	1986	FRA	ASPTT TOULON	<b>58.81</b>	1079 pts
50 m :	28.45 (28.45)	100 m :	58.81 (30.36)	[58.81]		
2.	Maxime THESMAR	1998	FRA	ASPTT TOULON	<b>1:00.50</b>	915 pts
50 m :	28.45 (28.45)	100 m :	1:00.50 (32.05)	[1:00.50]		
3.	Sylvain BERNARD	1985	FRA	ROGNAC NATATION	<b>1:01.98</b>	984 pts
50 m :	29.24 (29.24)	100 m :	1:01.98 (32.74)	[1:01.98]		
4.	Laurent SEMPERE	1999	FRA	ROGNAC NATATION	<b>1:03.49</b>	826 pts
50 m :	30.95 (30.95)	100 m :	1:03.49 (32.54)	[1:03.49]		
5.	Mathieu SABATIER	1989	FRA	NC BOUC-BEL-AIR	<b>1:04.26</b>	883 pts
50 m :	30.92 (30.92)	100 m :	1:04.26 (33.34)	[1:04.26]		
6.	Sebastien FANTINI	1979	FRA	ROGNAC NATATION	<b>1:05.58</b>	886 pts
50 m :	31.35 (31.35)	100 m :	1:05.58 (34.23)	[1:05.58]		
7.	Xavier IMBEAULT	1982	FRA	PENNES MIRABEAU NATATION	<b>1:05.61</b>	880 pts
50 m :	31.11 (31.11)	100 m :	1:05.61 (34.50)	[1:05.61]		
8.	Roland FUENTES	1971	FRA	TEAM MARSEILLE NATATION	<b>1:05.95</b>	974 pts
50 m :	31.85 (31.85)	100 m :	1:05.95 (34.10)	[1:05.95]		
9.	Luis VELASCO	1996	FRA	ASPTT TOULON	<b>1:07.76</b>	735 pts
50 m :	33.41 (33.41)	100 m :	1:07.76 (34.35)	[1:07.76]		
10.	Alexandre N'GUYEN	1981	FRA	TEAM MARSEILLE NATATION	<b>1:07.81</b>	825 pts
50 m :	31.22 (31.22)	100 m :	1:07.81 (36.59)	[1:07.81]		
11.	Antoine MAIRE	1974	FRA	TEAM MARSEILLE NATATION	<b>1:08.04</b>	847 pts
50 m :	32.80 (32.80)	100 m :	1:08.04 (35.24)	[1:08.04]		
12.	Jean Marie MARMILLON	1977	FRA	NC BOUC-BEL-AIR	<b>1:09.61</b>	777 pts
50 m :	33.67 (33.67)	100 m :	1:09.61 (35.94)	[1:09.61]		
13.	Gilles POUCHOULIN	1962	FRA	PAYS D'AIX NATATION	<b>1:10.06</b>	926 pts
50 m :	33.12 (33.12)	100 m :	1:10.06 (36.94)	[1:10.06]		
14.	Florian GENET	1983	FRA	ASPTT TOULON	<b>1:10.85</b>	740 pts
50 m :	32.79 (32.79)	100 m :	1:10.85 (38.06)	[1:10.85]		
15.	Mathieu BOVIS	1992	FRA	CSM MARSEILLE	<b>1:10.95</b>	652 pts
50 m :	34.31 (34.31)	100 m :	1:10.95 (36.64)	[1:10.95]		
16.	Pascal POUCHOULIN	1962	FRA	PAYS D'AIX NATATION	<b>1:12.03</b>	875 pts
50 m :	34.46 (34.46)	100 m :	1:12.03 (37.57)	[1:12.03]		
17.	Timothée CALMEAU TERUEL	1997	FRA	CN ANTIBES	<b>1:13.58</b>	562 pts
50 m :	32.83 (32.83)	100 m :	1:13.58 (40.75)	[1:13.58]		
18.	Alexandre WOJCINSKI	1981	FRA	NC BOUC-BEL-AIR	<b>1:15.55</b>	630 pts
50 m :	35.45 (35.45)	100 m :	1:15.55 (40.10)	[1:15.55]		
19.	Mathieu FLORES GARCIA	1985	FRA	TEAM MARSEILLE NATATION	<b>1:17.17</b>	587 pts
50 m :	35.49 (35.49)	100 m :	1:17.17 (41.68)	[1:17.17]		
20.	Alexandre MIRLOCCA	1993	FRA	ASPTT MARSEILLE	<b>1:17.58</b>	496 pts
50 m :	---	100 m :	1:17.58 (1:17.58)	[1:17.58]		
21.	Frédéric AIMAR	1977	FRA	ROGNAC NATATION	<b>1:20.86</b>	511 pts
50 m :	39.09 (39.09)	100 m :	1:20.86 (41.77)	[1:20.86]		
22.	Pierre Andre MASSIMI	1974	FRA	CN MARSEILLE	<b>1:21.69</b>	521 pts
50 m :	37.30 (37.30)	100 m :	1:21.69 (44.39)	[1:21.69]		
23.	Stéphane RAFAI	1983	FRA	TEAM MARSEILLE NATATION	<b>1:25.48</b>	413 pts
50 m :	37.86 (37.86)	100 m :	1:25.48 (47.62)	[1:25.48]		
---	Simon ANTERRIEU	1987	FRA	TEAM MARSEILLE NATATION	<b>DNS</b>	dec
---	Arnaud CHIOCCA	1980	FRA	CN MARSEILLE	<b>DNS</b>	

### HC : 100 Nage Libre Messieurs

[J1 : Di 22/03/2026 - R1]

HC	Kyliane C0 ABDELKADER	2000	FRA	MARSEILLE NORD C0	<b>1:00.38</b>
50 m :	28.81 (28.81)	100 m :	1:00.38 (31.57)	[1:00.38]	

## Résultats

### Séries : 200 Nage Libre Messieurs

[J1 : Di 22/03/2026 - R2]

1.	Julien CIALDELLA	1986	FRA	ASPTT TOULON	<b>2:13.79</b>	978 pts
50 m :	30.92 (30.92)	100 m :	1:04.73 (33.81)	[1:04.73]	150 m :	1:39.43 (34.70)
200 m :	2:13.79 (34.36)	[1:09.06]				
2.	Laurent GAGNEPAIN	1969	FRA	CN ANTIBES	<b>2:25.79</b>	939 pts
50 m :	34.36 (34.36)	100 m :	1:11.17 (36.81)	[1:11.17]	150 m :	1:48.54 (37.37)
200 m :	2:25.79 (37.25)	[1:14.62]				
3.	Roland FUENTES	1971	FRA	TEAM MARSEILLE NATATION	<b>2:28.71</b>	900 pts
50 m :	38.72 (38.72)	100 m :	1:12.65 (33.93)	[1:12.65]	150 m :	1:51.46 (38.81)
200 m :	2:28.71 (37.25)	[1:16.06]				
4.	Frédéric CHEVALLOT	1960	FRA	PAYS D'AIX NATATION	<b>2:29.06</b>	1115 pts
50 m :	34.37 (34.37)	100 m :	1:12.09 (37.72)	[1:12.09]	150 m :	1:50.97 (38.88)
200 m :	2:29.06 (38.09)	[1:16.97]				
5.	Sylvain BERNARD	1985	FRA	ROGNAC NATATION	<b>2:30.37</b>	748 pts
50 m :	33.45 (33.45)	100 m :	1:12.40 (38.95)	[1:12.40]	150 m :	1:53.80 (41.40)
200 m :	2:30.37 (36.57)	[1:17.97]				
6.	Jean Marie MARMILLON	1977	FRA	NC BOUC-BEL-AIR	<b>2:32.91</b>	725 pts
50 m :	35.42 (35.42)	100 m :	1:12.83 (37.41)	[1:12.83]	150 m :	1:52.38 (39.55)
200 m :	2:32.91 (40.53)	[1:20.08]				
7.	Nicolas CHAUMONT	1980	FRA	NC BOUC-BEL-AIR	<b>2:42.75</b>	605 pts
50 m :	35.67 (35.67)	100 m :	1:15.59 (39.92)	[1:15.59]	150 m :	1:59.27 (43.68)
200 m :	2:42.75 (43.48)	[1:27.16]				
8.	Alex VERRA	1962	FRA	VITROLLES SPORT NATATION	<b>2:48.59</b>	746 pts
50 m :	37.62 (37.62)	100 m :	1:20.45 (42.83)	[1:20.45]	150 m :	2:05.20 (44.75)
200 m :	2:48.59 (43.39)	[1:28.14]				
9.	Bruno ETCHEPARE	1977	FRA	CN ETANG DE BERRE	<b>2:52.78</b>	494 pts
50 m :	38.34 (38.34)	100 m :	1:20.76 (42.42)	[1:20.76]	150 m :	2:06.46 (45.70)
200 m :	2:52.78 (46.32)	[1:32.02]				
---	Arnaud CHIOCCA	1980	FRA	CN MARSEILLE	<b>DNS</b>	
---	Pierre Andre MASSIMI	1974	FRA	CN MARSEILLE	<b>DNS dec</b>	

### Première : 400 Nage Libre Messieurs

[J1 : Di 22/03/2026 - R2]

1.	Laurent GAGNEPAIN	1969	FRA	CN ANTIBES	<b>5:12.21</b>	919 pts
50 m :	35.89 (35.89)	100 m :	1:14.72 (38.83)	[1:14.72]	150 m :	1:53.84 (39.12)
200 m :	2:33.18 (39.34)	[1:18.46]				
250 m :	3:13.43 (40.25)	300 m :	3:53.49 (40.06)	[1:20.31]	350 m :	4:33.61 (40.12)
400 m :	5:12.21 (38.60)	[1:18.72]				
2.	Antoine MAIRE	1974	FRA	TEAM MARSEILLE NATATION	<b>5:23.21</b>	754 pts
50 m :	37.17 (37.17)	100 m :	1:18.62 (41.45)	[1:18.62]	150 m :	1:59.95 (41.33)
200 m :	2:41.33 (41.38)	[1:22.71]				
250 m :	3:22.94 (41.61)	300 m :	4:03.72 (40.78)	[1:22.39]	350 m :	4:44.45 (40.73)
400 m :	5:23.21 (38.76)	[1:19.49]				
3.	Laurent SEMPERE	1999	FRA	ROGNAC NATATION	<b>5:27.88</b>	567 pts
50 m :	37.36 (37.36)	100 m :	1:17.38 (40.02)	[1:17.38]	150 m :	1:59.19 (41.81)
200 m :	2:41.44 (42.25)	[1:24.06]				
250 m :	3:24.19 (42.75)	300 m :	4:07.07 (42.88)	[1:25.63]	350 m :	4:49.64 (42.57)
400 m :	5:27.88 (38.24)	[1:20.81]				
4.	Felix SERMISONI	1991	FRA	CN ANTIBES	<b>5:55.88</b>	457 pts
50 m :	39.26 (39.26)	100 m :	1:22.59 (43.33)	[1:22.59]	150 m :	2:07.84 (45.25)
200 m :	2:53.75 (45.91)	[1:31.16]				
250 m :	3:39.91 (46.16)	300 m :	4:25.99 (46.08)	[1:32.24]	350 m :	5:11.62 (45.63)
400 m :	5:55.88 (44.26)	[1:29.89]				

### Première : 800 Nage Libre Messieurs

[J1 : Di 22/03/2026 - R1]

1.	Thomas BOUSNANE	1990	FRA	CN ANTIBES	<b>9:54.17</b>	856 pts
50 m :	32.82 (32.82)	100 m :	1:09.08 (36.26)	[1:09.08]	150 m :	1:45.91 (36.83)
200 m :	2:23.17 (37.26)	[1:14.09]				
250 m :	3:00.66 (37.49)	300 m :	3:38.18 (37.52)	[1:15.01]	350 m :	4:15.28 (37.10)
400 m :	4:52.68 (37.40)	[1:14.50]				
450 m :	5:30.44 (37.76)	500 m :	6:08.31 (37.87)	[1:15.63]	550 m :	6:45.93 (37.62)
600 m :	7:23.94 (38.01)	[1:15.63]				
650 m :	8:01.64 (37.70)	700 m :	8:39.78 (38.14)	[1:15.84]	750 m :	9:17.53 (37.75)
800 m :	9:54.17 (36.64)	[1:14.39]				
2.	Laurent GAGNEPAIN	1969	FRA	CN ANTIBES	<b>10:49.49</b>	884 pts
50 m :	36.54 (36.54)	100 m :	1:16.37 (39.83)	[1:16.37]	150 m :	1:56.12 (39.75)
200 m :	2:36.57 (40.45)	[1:20.20]				
250 m :	3:17.23 (40.66)	300 m :	3:58.16 (40.93)	[1:21.59]	350 m :	4:39.43 (41.27)
400 m :	5:20.43 (41.00)	[1:22.27]				
450 m :	6:02.07 (41.64)	500 m :	6:43.10 (41.03)	[1:22.67]	550 m :	7:24.50 (41.40)
600 m :	8:05.97 (41.47)	[1:22.87]				
650 m :	8:48.12 (42.15)	700 m :	9:30.26 (42.14)	[1:24.29]	750 m :	10:09.84 (39.58)
800 m :	10:49.49 (39.65)	[1:19.23]				
3.	Felix SERMISONI	1991	FRA	CN ANTIBES	<b>12:16.82</b>	424 pts
50 m :	41.84 (41.84)	100 m :	1:26.33 (44.49)	[1:26.33]	150 m :	2:13.09 (46.76)
200 m :	3:00.37 (47.28)	[1:34.04]				
250 m :	3:46.31 (45.94)	300 m :	4:33.34 (47.03)	[1:32.97]	350 m :	5:20.32 (46.98)
400 m :	6:06.83 (46.51)	[1:33.49]				
450 m :	6:53.94 (47.11)	500 m :	7:41.02 (47.08)	[1:34.19]	550 m :	8:27.99 (46.97)
600 m :	9:15.27 (47.28)	[1:34.25]				
650 m :	10:01.63 (46.36)	700 m :	10:47.50 (45.87)	[1:32.23]	750 m :	11:32.93 (45.43)
800 m :	12:16.82 (43.89)	[1:29.32]				

## Résultats

### Première : 1500 Nage Libre Messieurs

[J1 : Di 22/03/2026 - R1]

1. Thomas GANDIA		1980	FRA	ROGNAC NATATION	<b>22:09.53</b>	607 pts	
50 m :	34.50 (34.50)	100 m :	1:17.50 (43.00) [1:17.50]	150 m :	2:00.86 (43.36)	200 m :	2:44.75 (43.89) [1:27.25]
250 m :	3:29.25 (44.50)	300 m :	4:13.86 (44.61) [1:29.11]	350 m :	4:58.50 (44.64)	400 m :	5:43.28 (44.78) [1:29.42]
450 m :	6:28.03 (44.75)	500 m :	7:13.03 (45.00) [1:29.75]	550 m :	7:57.78 (44.75)	600 m :	8:42.53 (44.75) [1:29.50]
650 m :	9:27.53 (45.00)	700 m :	10:12.58 (45.05) [1:30.05]	750 m :	10:57.83 (45.25)	800 m :	11:42.83 (45.00) [1:30.25]
850 m :	12:27.25 (44.42)	900 m :	13:11.83 (44.58) [1:29.00]	950 m :	13:56.50 (44.67)	1000 m :	14:41.18 (44.68) [1:29.35]
1050 m :	15:25.83 (44.65)	1100 m :	16:10.28 (44.45) [1:29.10]	1150 m :	16:55.11 (44.83)	1200 m :	17:39.72 (44.61) [1:29.44]
1250 m :	18:24.33 (44.61)	1300 m :	19:08.97 (44.64) [1:29.25]	1350 m :	19:53.68 (44.71)	1400 m :	20:38.43 (44.75) [1:29.46]
1450 m :	21:24.15 (45.72)	1500 m :	22:09.53 (45.38) [1:31.10]				
2. Jean-Luc VINCENT		1958	FRA	NC BOUC-BEL-AIR	<b>22:48.17</b>	917 pts	
50 m :	39.54 (39.54)	100 m :	1:24.61 (45.07) [1:24.61]	150 m :	2:10.92 (46.31)	200 m :	2:57.36 (46.44) [1:32.75]
250 m :	3:44.24 (46.88)	300 m :	4:31.11 (46.87) [1:33.75]	350 m :	5:17.92 (46.81)	400 m :	6:04.85 (46.93) [1:33.74]
450 m :	6:51.30 (46.45)	500 m :	7:37.80 (46.50) [1:32.95]	550 m :	8:23.73 (45.93)	600 m :	9:09.67 (45.94) [1:31.87]
650 m :	9:55.73 (46.06)	700 m :	10:41.54 (45.81) [1:31.87]	750 m :	11:27.11 (45.57)	800 m :	12:13.43 (46.32) [1:31.89]
850 m :	12:58.54 (45.11)	900 m :	13:43.80 (45.26) [1:30.37]	950 m :	14:29.80 (46.00)	1000 m :	15:15.24 (45.44) [1:31.44]
1050 m :	16:00.36 (45.12)	1100 m :	16:45.73 (45.37) [1:30.49]	1150 m :	17:31.17 (45.44)	1200 m :	18:16.54 (45.37) [1:30.81]
1250 m :	19:02.17 (45.63)	1300 m :	19:47.54 (45.37) [1:31.00]	1350 m :	20:33.24 (45.70)	1400 m :	21:19.30 (46.06) [1:31.76]
1450 m :	22:05.17 (45.87)	1500 m :	22:48.17 (43.00) [1:28.87]				

### Première : 50 Dos Messieurs

[J1 : Di 22/03/2026 - R1]

1. Laurent SEMPERE	1999	FRA	ROGNAC NATATION	<b>31.98</b>	889 pts
2. Sébastien AUZOU	1991	FRA	PAYS D'AIX NATATION	<b>37.45</b>	694 pts
3. Antoine KUENY	1982	FRA	CSM MARSEILLE	<b>39.37</b>	654 pts
4. Franck TOURNIAIRE	1973	FRA	PERTUIS NATATION	<b>41.94</b>	616 pts
5. Alexandre MIRLOCCA	1993	FRA	ASPTT MARSEILLE	<b>42.79</b>	434 pts

### Première : 100 Dos Messieurs

[J1 : Di 22/03/2026 - R2]

1. Sébastien AUZOU	1991	FRA	PAYS D'AIX NATATION	<b>1:22.98</b>	620 pts
50 m :	41.43 (41.43)	100 m :	1:22.98 (41.55) [1:22.98]		
2. Antoine KUENY	1982	FRA	CSM MARSEILLE	<b>1:23.39</b>	657 pts
50 m :	41.68 (41.68)	100 m :	1:23.39 (41.71) [1:23.39]		
3. Florian GENET	1983	FRA	ASPTT TOULON	<b>1:28.54</b>	557 pts
50 m :	42.92 (42.92)	100 m :	1:28.54 (45.62) [1:28.54]		
4. Jacques BRUNAND	1959	FRA	ROGNAC NATATION	<b>2:09.78</b>	264 pts
50 m :	1:04.17 (1:04.17)	100 m :	2:09.78 (1:05.61) [2:09.78]		

### Première : 200 Dos Messieurs

[J1 : Di 22/03/2026 - R1]

1. Antoine MAIRE	1974	FRA	TEAM MARSEILLE NATATION	<b>2:46.92</b>	849 pts		
50 m :	37.86 (37.86)	100 m :	1:18.64 (40.78) [1:18.64]	150 m :	2:02.34 (43.70)	200 m :	2:46.92 (44.58) [1:28.28]
2. Franck TOURNIAIRE	1973	FRA	PERTUIS NATATION	<b>3:14.39</b>	576 pts		
50 m :	44.73 (44.73)	100 m :	1:33.36 (48.63) [1:33.36]	150 m :	2:24.67 (51.31)	200 m :	3:14.39 (49.72) [1:41.03]

### Séries : 50 Brasse Messieurs

[J1 : Di 22/03/2026 - R1]

1. Ilyes TARI	1995	FRA	ASPTT MARSEILLE	<b>34.15</b>	954 pts
2. Laurent SEMPERE	1999	FRA	ROGNAC NATATION	<b>34.43</b>	922 pts
3. Roland FUENTES	1971	FRA	TEAM MARSEILLE NATATION	<b>36.17</b>	1012 pts
4. Julien FERANDO	1971	FRA	CN MARSEILLE	<b>36.21</b>	1011 pts
5. Xavier IMBEAULT	1982	FRA	PENNES MIRABEAU NATATION	<b>36.30</b>	910 pts
6. Timothée CALMEAU TERUEL	1997	FRA	CN ANTIBES	<b>38.05</b>	757 pts
7. Laurent GAGNEPAIN	1969	FRA	CN ANTIBES	<b>39.57</b>	865 pts
8. Luis VELASCO	1996	FRA	ASPTT TOULON	<b>40.36</b>	678 pts
9. Jean Marie MARMILLON	1977	FRA	NC BOUC-BEL-AIR	<b>40.42</b>	756 pts
10. Alexandre WOJCINSKI	1981	FRA	NC BOUC-BEL-AIR	<b>40.48</b>	754 pts
11. Florian GENET	1983	FRA	ASPTT TOULON	<b>40.54</b>	728 pts
12. Stéphane RAFAI	1983	FRA	TEAM MARSEILLE NATATION	<b>42.67</b>	645 pts
13. Alexandre MIRLOCCA	1993	FRA	ASPTT MARSEILLE	<b>43.27</b>	566 pts

Résultats

(Suite) Séries : 50 Brasse Messieurs

[J1 : Di 22/03/2026 - R1]

14.	Cyrille MARTIN	1980	FRA	ASPTT TOULON	<b>43.53</b>	635 pts
15.	Philippe BIZET	1959	FRA	MARSEILLE NORD NATATION	<b>44.71</b>	835 pts

HC : 50 Brasse Messieurs

[J1 : Di 22/03/2026 - R1]

HC	Kyliane C0 ABDELKADER	2000	FRA	MARSEILLE NORD C0	<b>34.63</b>	
HC	Brandon C0 BIZET	2000	FRA	MARSEILLE NORD C0	<b>36.98</b>	

Première : 100 Brasse Messieurs

[J1 : Di 22/03/2026 - R2]

1.	Quentin FRANZINI	1994	FRA	CN ETANG DE BERRE	<b>1:21.65</b>	812 pts
50 m :	36.76 (36.76)	100 m :	1:21.65 (44.89)	[1:21.65]		
2.	Timothée CALMEAU TERUEL	1997	FRA	CN ANTIBES	<b>1:28.62</b>	635 pts
50 m :	41.63 (41.63)	100 m :	1:28.62 (46.99)	[1:28.62]		
3.	Sébastien AUZOU	1991	FRA	PAYS D'AIX NATATION	<b>1:28.72</b>	697 pts
50 m :	41.79 (41.79)	100 m :	1:28.72 (46.93)	[1:28.72]		
4.	Bruno PIAR	1967	FRA	PAYS D'AIX NATATION	<b>1:29.71</b>	760 pts
50 m :	42.81 (42.81)	100 m :	1:29.71 (46.90)	[1:29.71]		
5.	Luis VELASCO	1996	FRA	ASPTT TOULON	<b>1:30.92</b>	622 pts
50 m :	41.37 (41.37)	100 m :	1:30.92 (49.55)	[1:30.92]		
6.	Cyrille MARTIN	1980	FRA	ASPTT TOULON	<b>1:36.00</b>	612 pts
50 m :	45.38 (45.38)	100 m :	1:36.00 (50.62)	[1:36.00]		
7.	Philippe BIZET	1959	FRA	MARSEILLE NORD NATATION	<b>1:46.83</b>	746 pts
50 m :	46.62 (46.62)	100 m :	1:46.83 (1:00.21)	[1:46.83]		

HC : 100 Brasse Messieurs

[J1 : Di 22/03/2026 - R2]

HC	Kyliane C0 ABDELKADER	2000	FRA	MARSEILLE NORD C0	<b>1:15.67</b>	
50 m :	36.05 (36.05)	100 m :	1:15.67 (39.62)	[1:15.67]		

Première : 200 Brasse Messieurs

[J1 : Di 22/03/2026 - R1]

1.	Jean-Philippe LAMAN DUFLOT	1973	FRA	PERTUIS NATATION	<b>2:55.30</b>	921 pts
50 m :	40.11 (40.11)	100 m :	1:25.85 (45.74)	[1:25.85]	150 m :	2:11.61 (45.76)
200 m :	2:55.30 (43.69)	[1:29.45]				
2.	Jean-Francois BERTIN	1966	FRA	US ST-TROPEZ	<b>3:12.00</b>	845 pts
50 m :	44.01 (44.01)	100 m :	1:32.54 (48.53)	[1:32.54]	150 m :	2:22.30 (49.76)
200 m :	3:12.00 (49.70)	[1:39.46]				
3.	Alex VERRA	1962	FRA	VITROLLES SPORT NATATION	<b>3:24.09</b>	730 pts
50 m :	45.43 (45.43)	100 m :	1:38.24 (52.81)	[1:38.24]	150 m :	2:30.98 (52.74)
200 m :	3:24.09 (53.11)	[1:45.85]				
4.	Philippe BIZET	1959	FRA	MARSEILLE NORD NATATION	<b>3:53.22</b>	690 pts
50 m :	51.53 (51.53)	100 m :	1:50.55 (59.02)	[1:50.55]	150 m :	2:52.12 (1:01.57)
200 m :	3:53.22 (1:01.10)	[2:02.67]				

Séries : 50 Papillon Messieurs

[J1 : Di 22/03/2026 - R2]

1.	Vladimir LALETIN	1989	FRA	ASPTT MARSEILLE	<b>26.54</b>	1157 pts
2.	Maxime THESMAR	1998	FRA	ASPTT TOULON	<b>29.45</b>	931 pts
3.	Ilyes TARI	1995	FRA	ASPTT MARSEILLE	<b>29.93</b>	906 pts
4.	Franck TAVASSO	1978	FRA	FOS NATATION	<b>29.96</b>	1020 pts
5.	Quentin FRANZINI	1994	FRA	CN ETANG DE BERRE	<b>30.10</b>	897 pts
6.	Sylvain BERNARD	1985	FRA	ROGNAC NATATION	<b>31.70</b>	875 pts
7.	Nicolas CHAUMONT	1980	FRA	NC BOUC-BEL-AIR	<b>34.26</b>	781 pts
8.	Laurent SEMPERE	1999	FRA	ROGNAC NATATION	<b>34.28</b>	661 pts
9.	Mathieu BOVIS	1992	FRA	CSM MARSEILLE	<b>34.93</b>	632 pts
10.	Frédéric CHEVALLOT	1960	FRA	PAYS D'AIX NATATION	<b>35.08</b>	982 pts
11.	Timothée CALMEAU TERUEL	1997	FRA	CN ANTIBES	<b>37.15</b>	523 pts
12.	Alain LEBLANC	1961	FRA	ASPTT MARSEILLE	<b>37.79</b>	849 pts
13.	Bruno ETCHEPARE	1977	FRA	CN ETANG DE BERRE	<b>40.97</b>	471 pts
14.	Alexandre MIRLOCCA	1993	FRA	ASPTT MARSEILLE	<b>41.58</b>	344 pts
15.	Jacques BRUNAND	1959	FRA	ROGNAC NATATION	<b>57.01</b>	183 pts

## Résultats

### Première : 100 Papillon Messieurs

[J1 : Di 22/03/2026 - R1]

1.	Julien CIALDELLA	1986	FRA	ASPTT TOULON	<b>1:05.26</b>	1046 pts
50 m :	30.53 (30.53)	100 m :	1:05.26 (34.73)	[1:05.26]		
2.	Alexandre N'GUYEN	1981	FRA	TEAM MARSEILLE NATATION	<b>1:14.77</b>	833 pts
50 m :	33.11 (33.11)	100 m :	1:14.77 (41.66)	[1:14.77]		
3.	Mathieu SABATIER	1989	FRA	NC BOUC-BEL-AIR	<b>1:15.24</b>	748 pts
50 m :	34.11 (34.11)	100 m :	1:15.24 (41.13)	[1:15.24]		
4.	Sylvain BERNARD	1985	FRA	ROGNAC NATATION	<b>1:16.38</b>	774 pts
50 m :	34.38 (34.38)	100 m :	1:16.38 (42.00)	[1:16.38]		
5.	Sébastien AUZOU	1991	FRA	PAYS D'AIX NATATION	<b>1:22.85</b>	584 pts
50 m :	37.30 (37.30)	100 m :	1:22.85 (45.55)	[1:22.85]		
6.	Felix SERMISONI	1991	FRA	CN ANTIBES	<b>1:28.49</b>	475 pts
50 m :	40.17 (40.17)	100 m :	1:28.49 (48.32)	[1:28.49]		

### Première : 200 Papillon Messieurs

[J1 : Di 22/03/2026 - R1]

1.	Julien FERANDO	1971	FRA	CN MARSEILLE	<b>2:45.17</b>	987 pts
50 m :	32.79 (32.79)	100 m :	1:11.64 (38.85)	[1:11.64]	150 m :	1:52.99 (41.35)
					200 m :	2:45.17 (52.18)
						[1:33.53]
2.	Nicolas CHAUMONT	1980	FRA	NC BOUC-BEL-AIR	<b>3:23.08</b>	445 pts
50 m :	38.03 (38.03)	100 m :	1:26.14 (48.11)	[1:26.14]	150 m :	2:22.98 (56.84)
					200 m :	3:23.08 (1:00.10)
						[1:56.94]

### Séries : 100 4 Nages Messieurs

[J1 : Di 22/03/2026 - R2]

1.	Julien CIALDELLA	1986	FRA	ASPTT TOULON	<b>1:07.24</b>	1033 pts
50 m :	---	100 m :	1:07.24 (1:07.24)	[1:07.24]		
2.	Franck TAVASSO	1978	FRA	FOS NATATION	<b>1:08.71</b>	1015 pts
50 m :	---	100 m :	1:08.71 (1:08.71)	[1:08.71]		
3.	Roland FUENTES	1971	FRA	TEAM MARSEILLE NATATION	<b>1:15.54</b>	966 pts
50 m :	---	100 m :	1:15.54 (1:15.54)	[1:15.54]		
4.	Sebastien FANTINI	1979	FRA	ROGNAC NATATION	<b>1:15.84</b>	835 pts
50 m :	---	100 m :	1:15.84 (1:15.84)	[1:15.84]		
5.	Sébastien AUZOU	1991	FRA	PAYS D'AIX NATATION	<b>1:16.60</b>	753 pts
50 m :	---	100 m :	1:16.60 (1:16.60)	[1:16.60]		
6.	Frédéric CHEVALLOT	1960	FRA	PAYS D'AIX NATATION	<b>1:19.94</b>	1010 pts
50 m :	---	100 m :	1:19.94 (1:19.94)	[1:19.94]		
7.	Jean Marie MARMILLON	1977	FRA	NC BOUC-BEL-AIR	<b>1:20.36</b>	730 pts
50 m :	---	100 m :	1:20.36 (1:20.36)	[1:20.36]		
8.	Frédéric RICHARD	1973	FRA	CSM MARSEILLE	<b>1:21.19</b>	732 pts
50 m :	---	100 m :	1:21.19 (1:21.19)	[1:21.19]		
9.	Florian GENET	1983	FRA	ASPTT TOULON	<b>1:22.49</b>	661 pts
50 m :	---	100 m :	1:22.49 (1:22.49)	[1:22.49]		
10.	Jean-Francois BERTIN	1966	FRA	US ST-TROPEZ	<b>1:22.94</b>	845 pts
50 m :	---	100 m :	1:22.94 (1:22.94)	[1:22.94]		
11.	Antoine KUENY	1982	FRA	CSM MARSEILLE	<b>1:23.32</b>	643 pts
50 m :	---	100 m :	1:23.32 (1:23.32)	[1:23.32]		
12.	Cyrille MARTIN	1980	FRA	ASPTT TOULON	<b>1:30.92</b>	512 pts
50 m :	---	100 m :	1:30.92 (1:30.92)	[1:30.92]		
13.	Jacques BRUNAND	1959	FRA	ROGNAC NATATION	<b>1:55.87</b>	357 pts
50 m :	---	100 m :	1:55.87 (1:55.87)	[1:55.87]		
---	Simon ANTERRIEU	1987	FRA	TEAM MARSEILLE NATATION	<b>DNS</b>	dec

### HC : 100 4 Nages Messieurs

[J1 : Di 22/03/2026 - R2]

HC	Brandon C0 BIZET	2000	FRA	MARSEILLE NORD C0	<b>1:18.91</b>	
50 m :	---	100 m :	1:18.91 (1:18.91)	[1:18.91]		

### Première : 200 4 Nages Messieurs

[J1 : Di 22/03/2026 - R1]

1.	Jean-Philippe LAMAN DUFLLOT	1973	FRA	PERTUIS NATATION	<b>2:43.98</b>	845 pts
50 m :	34.33 (34.33)	100 m :	1:20.44 (46.11)	[1:20.44]	150 m :	2:05.54 (45.10)
					200 m :	2:43.98 (38.44)
						[1:23.54]

## Résultats

### (Suite) Première : 200 4 Nages Messieurs

[J1 : Di 22/03/2026 - R1]

2.	Sébastien AUZOU	1991	FRA	PAYS D'AIX NATATION	<b>2:50.73</b>	689 pts	
50 m :	37.67 (37.67)	100 m :	1:23.65 (45.98) [1:23.65]	150 m :	2:12.44 (48.79)	200 m :	2:50.73 (38.29) [1:27.08]
3.	Antoine KUENY	1982	FRA	CSM MARSEILLE	<b>2:57.60</b>	661 pts	
50 m :	37.04 (37.04)	100 m :	1:22.48 (45.44) [1:22.48]	150 m :	2:16.48 (54.00)	200 m :	2:57.60 (41.12) [1:35.12]
4.	Frédéric AIMAR	1977	FRA	ROGNAC NATATION	<b>3:16.37</b>	480 pts	
50 m :	43.35 (43.35)	100 m :	1:37.49 (54.14) [1:37.49]	150 m :	2:31.85 (54.36)	200 m :	3:16.37 (44.52) [1:38.88]
5.	Franck TOURNAIRE	1973	FRA	PERTUIS NATATION	<b>3:18.67</b>	484 pts	
50 m :	44.24 (44.24)	100 m :	1:35.67 (51.43) [1:35.67]	150 m :	2:34.05 (58.38)	200 m :	3:18.67 (44.62) [1:43.00]
6.	Cyrille MARTIN	1980	FRA	ASPTT TOULON	<b>3:23.92</b>	414 pts	
50 m :	45.05 (45.05)	100 m :	1:37.43 (52.38) [1:37.43]	150 m :	2:34.98 (57.55)	200 m :	3:23.92 (48.94) [1:46.49]

### Première : 400 4 Nages Messieurs

[J1 : Di 22/03/2026 - R2]

1.	Bruno PIAR	1967	FRA	PAYS D'AIX NATATION	<b>6:04.27</b>	850 pts	
50 m :	37.76 (37.76)	100 m :	1:22.05 (44.29) [1:22.05]	150 m :	2:08.86 (46.81)	200 m :	2:55.04 (46.18) [1:32.99]
250 m :	3:49.54 (54.50)	300 m :	4:44.28 (54.74) [1:49.24]	350 m :	5:26.17 (41.89)	400 m :	6:04.27 (38.10) [1:19.99]
---	Felix SERMISONI	1991	FRA	CN ANTIBES		DSQ	

### Première : 4x50 Nage Libre Mixtes

[J1 : Di 22/03/2026 - R1]

1.	Maxime THESMAR	27.65	1998	FRA	ASPTT TOULON	<b>2:02.30</b>	974 pts
	Luis VELASCO	31.58	1996	FRA			
	Christelle BRASSART	32.90	1996	FRA			
	Julien CIALDELLA	30.17	1986	FRA			
2.	Thomas GANDIA	31.92	1980	FRA	ROGNAC NATATION	<b>2:21.03</b>	849 pts
	Mathilde LEFEBVRE	34.00	1972	FRA			
	Eloïse GARNIER	41.29	1974	FRA			
	Frédéric AIMAR	33.82	1977	FRA			
3.	Celine PASTOR	48.01	1975	FRA	CSM MARSEILLE	<b>2:31.73</b>	624 pts
	Antoine KUENY	34.12	1982	FRA			
	Marine PAQUET	37.45	1993	FRA			
	Mathieu BOVIS	32.15	1992	FRA			
4.	Jean Marie MARMILLON	32.11	1977	FRA	NC BOUC-BEL-AIR	<b>2:37.05</b>	563 pts
	Pauline HOLVECK	46.62	1978	FRA			
	Karine BLONDEAU	45.44	1977	FRA			
	Alexandre WOJCINSKI	32.88	1981	FRA			

### Première : 4x50 4 Nages Mixtes

[J1 : Di 22/03/2026 - R2]

1.	Vladimir LALETIN	29.49	1989	FRA	ASPTT MARSEILLE	<b>2:09.72</b>	1085 pts
	Ilyes TARI	33.85	1995	FRA			
	Maëlys GISSINGER	35.81	1998	FRA			
	Manon LAMBERT-HAMON	30.57	1985	FRA			
2.	Antoine MAIRE	35.75	1974	FRA	TEAM MARSEILLE NATATION	<b>2:24.57</b>	955 pts
	Roland FUENTES	36.70	1971	FRA			
	Marine MOUSSU	38.00	1993	FRA			
	Mathieu FLORES GARCIA	34.12	1985	FRA			
3.	Florian GENET	40.40	1983	FRA	ASPTT TOULON	<b>2:27.53</b>	866 pts
	Cyrille MARTIN	44.13	1980	FRA			
	Maxime THESMAR	29.53	1998	FRA			
	Christelle BRASSART	33.47	1996	FRA			
4.	Laurent SEMPERE	35.31	1999	FRA	ROGNAC NATATION	<b>2:33.11</b>	857 pts
	Mathilde LEFEBVRE	44.30	1972	FRA			
	Sylvain BERNARD	32.18	1985	FRA			
	Eloïse GARNIER	41.32	1974	FRA			

## Résultats

### (Suite) Première : 4x50 4 Nages Mixtes

[J1 : Di 22/03/2026 - R2]

5.	Martine BERNARDINI	55.31	1957	FRA	ASPTT MARSEILLE	<b>3:05.96</b>	<b>788 pts</b>
	Gisele BERNARDINI	55.87	1955	FRA			
	Alain LEBLANC	38.98	1961	FRA			
	Denis MACHEREY	35.80	1956	FRA			
6.	Marine PAQUET	43.03	1993	FRA	CSM MARSEILLE	<b>2:49.78</b>	<b>681 pts</b>
	Frédéric RICHARD	41.63	1973	FRA			
	Antoine KUENY	36.07	1982	FRA			
	Celine PASTOR	49.05	1975	FRA			
7.	Marion CHIRIS	43.49	1988	FRA	CN ETANG DE BERRE	<b>2:56.08</b>	<b>567 pts</b>
	Malaury GROSS	45.83	1998	FRA			
	Marine GAGNEUX	53.71	1991	FRA			
	Bruno ETCHEPARE	33.05	1977	FRA			